MESSAGE FROM THE PRINCIPAL
Dear Parents and Carers,
Term 2 has started busily with the Zone Cross Country held last week, a boys’ football knockout game on Monday. Stage 3 students preparing for their camp this week, Beef Week activities and a leadership conference next week for our school leaders. Congratulations to Zali Baker and Ashlee Riggs who qualified for the Hunter Cross Country to be held this Friday. Miss Dixon reported that all students who attended the Zone Cross Country last Friday were fine ambassadors for our school and a special mention must go to Delaney Todd who came 7th and Tiana Norton who came 10th in their age divisions. Well done to all competitors.

We wish our campers all the best for the next 3 days, Mr McWhirter and Mrs Boyd have been very busy with the organisation involved and I’m sure that it will be an enjoyable experience for all.

In the football knockout, the boys only lost by one goal after being down 3-0 at half time – an excellent effort. They didn’t ever give up, only losing 4-3 in the dying minutes of the game. I was lucky to watch the second half and the boys should be congratulated on their effort.

It is pleasing to see the students participation and positive attitude towards all activities offered.

Regards,
Liz Newman, Relieving Principal

CANTEEN VOLUNTEERS ROSTER

MANNING ZONE CROSS COUNTRY
On Friday May 2 our fit Cross Country team attended the Manning Zone Cross Country at the Wingham Sporting Complex. The behaviour of the children was outstanding and their efforts running the tough course most inspirational as all children tried very hard and certainly did their best. All the children should be very proud of their efforts. A very special mention must go to Ashlee Riggs and Zali Baker who are now eligible to take their places in the Hunter Cross Country at Broadmeadow on Friday May 9.

PSSA BOYS SOCCER KNOCKOUT
On Monday May 5 our Wingham Brush PS Boys’ Soccer team played their round 1 PSSA knockout game versus Wingham PS at Wingham Sporting Complex. It was an exciting game which saw the boys being narrowly defeated 4-3. Thank you to all the parents who helped transport and support our team as it wouldn’t be possible for us to attend these events without your help.

TENDER - FAX MACHINE
We are calling for tenders for a Canon Phone/Fax machine. This machine is in full working order. It is a Canon L390 Phone/Fax/Copier 2010 model with a spare ink cartridge. Viewing is available if needed. Tender submissions must be placed in a sealed envelope addressed to WBPS ‘Tender of Fax Machine’ by May 30, 2014.

SESQUICENTENARY MEETING
The Committee organising celebrations of 150 years of Public Education in Wingham on Friday 12, Saturday 13 and Sunday 14 September 2014 is some much needed funds to help purchase items for the school. Thank you to Tracy Oldham, Kelly Flewitt, Megan Bisley, Jill Watkins, Di Stewart, Mary King, Melinda Saxby, Jill Oliver, Barbara Hall, Kelly King and Renae Berry and Sara Green.
meeting on Tuesday May 13 at 4pm at Wingham Bush School in the Staff Room.

**STEWART HOUSE DONATIONS**

Please return the envelope to school on/before Stewart House Day, Friday May 9, with your $2 donation for a chance to win a $4,000 FAMILY HOLIDAY. Full terms and conditions for this competition are available on this website. [www.stewarthouse.org.au](http://www.stewarthouse.org.au)

**LIVE LIFE WELL**

**Be Healthy – Be Active**

Children and adults need physical activity every day. Activity helps build better bones, muscles, joints and helps maintain a healthy weight. Physical activity can also reduce the risk of heart disease, type 2 diabetes and some cancers. Get active anyway you can - walking, riding, swimming, and playing active games such as Duck, Duck, Goose or Bull Rush.

**Great reasons to be active for children and parents**

- boosts confidence
- improves fitness
- makes bones and muscles stronger
- improves posture
- helps maintain a healthy weight
- lowers the risk of heart disease
- reduces stress
- improves sleep
- reduces the risk of cancer
- improves self confidence
- teaches you new skills
- develops better motor skills
- makes a person happier with their body
- lower risk of disease including heart disease and cancer later in life

**Do an hour of physical activity everyday**

Children need at least 60 minutes of activity each day. Children are not going to have enough physical activity while at school. Families can plan extra activity into their lives to make up the difference.

**Keep active in the colder months**

Don’t be a winter wannabe and let you and your children be sedentary this winter. Encourage children to engage in active play such as bush walking, bike riding, kicking the footy, or playing a game of tag all year round.

**Did you know?**

Sedentary living causes over 20 different health problems including heart disease, type 2 diabetes and some cancers. Obesity can make nine different conditions worse including chronic back pain and stroke. Get active and stay healthy!

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**2015 Year 5 Opportunity Class**

Thinking of applying for opportunity class placement for Year 5 entry in 2015? Online applications opened on Monday 28 April 2014 and are available from: [www.schools.nsw.edu.au/ocplacement](http://www.schools.nsw.edu.au/ocplacement). We encourage parents/carers to use the online application, however paper application forms will be available from the front office. All application forms must be submitted by Friday 16 May 2014 either online or direct to the front office. **Late applications will not be accepted** after the closing date of 16 May 2014. For further information please check the website.

**COMMUNITY NEWS**

**WINGHAM JUNIOR RUGBY LEAGUE FOOTBALL CLUB**

Wingham Junior Rugby League Football Club are seeking more players to join the 2014 season. If you are interested in being part of the greatest game of all visit our website [www.winghamjuniortigers.com.au](http://www.winghamjuniortigers.com.au) for contact details.

**BONNIE WINGHAM SCOTTISH FESTIVAL**

This will be held over May 30 to June 1. There will be a fun filled family night, ‘Scott’s Night Out’, being held on Friday May 30 at the Wingham Services Club. Tickets are $20 per adult and $10 per child which includes a light Scottish supper and games. All money raised will be going to the Wingham Scottish Pipes and Drums Band.